# Exclusive Human Milk Diets in High-Risk Neonates: Evidence & Experience

## Tuesday, December 12, 2023 • 12:15 PM to 1:15 PM Gaylord National Harbor, Room National Harbor 2/3

### **Learning Objectives:**

- Describe the exclusive human milk diet as a costeffective strategy to lower hospital costs
- Evaluate data from real-world implementation of an exclusive human milk diet across several hospitals
- Review barriers to implementing an exclusive human milk diet and address possible solutions
- Discuss the benefits of an exclusive human milk diet in high-risk infants

Join us for a live presentation led by Dr. Jonathan Swanson on pre and post real-world implementation data that illustrates the cost-effectiveness and clinical benefits of an exclusive human milk diet (EHMD) in high-risk neonates. Take part in an interactive panel discussion that includes clinical and financial experiences from multiple centers demonstrating the need to evolve the standard of nutritional care in the NICU.

#### **Presenter:**



Jonathan Swanson
MD, MSc, FAAP
Professor of Pediatrics, Chief
Quality Officer for Children's
Services and Medical Director for

the Neonatal Intensive Care Unit

University of Virginia Children's Hospital in Charlottesville, VA

(NICU)

#### **Panelists:**



Jenny Fox MD, MPH, IBCLC Associate Professor of Neonatology

Children's Hospital of Richmond at Virginia Commonwealth University Children's Hospital of Richmond at Virginia Commonwealth University Richmond, Virginia



Jenelle Ferry

MD

Neonatologist, Director of Feeding, Nutrition, and Infant Development

Pediatrix Medical Group of Florida and St. Joseph's Women's Hospital

#### **Moderator:**



**Erin Hamilton Spence** MD, IBCLC, FAAP, FABM

Director, Clinical Education and Professional Development Prolacta Bioscience

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